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# Spanish Language for Lifestyle

*The online Spanish language course that  
supports your lifestyle plans in Mexico*

Offered in association with



# Spanish Language for Lifestyle Course

## Your Lifestyle in Mexico

Mexico is a beautiful country and a wonderful place to live. There is so much to enjoy, from its rich and diverse culture to its wonderful weather. This course is intended to provide you with Spanish language conversation support to help you navigate everyday lifestyle situations in Mexico.

## Course Modules

### Home management

A 10-hour module to help you manage everyday situation and interactions at your home in Mexico. Situations and interactions include:

- ❖ Setting up a utility account (water, electricity, telephone, internet)
- ❖ Paying the bill
- ❖ Talking on the phone with a representative
- ❖ Talking with the service person who comes to your house, if necessary
- ❖ Hiring a cook, housekeeper, or yard maintenance work.
- ❖ Asking for recommendations
- ❖ Setting up schedules
- ❖ Negotiating fees for services

### Markets, shopping, and trade

A 10-hour module that introduces you to language and vocabulary related to markets, shopping, trade, and bargaining in Mexico. Situations and interactions include:

- ❖ At a “mercado” or “tianguis” (Farmer’s Market)
- ❖ At the supermarket
- ❖ Etiquette regarding tipping
- ❖ When it is appropriate to bargain and how to do so politely
- ❖ How to request a refund or express a complaint

### **Finding your new home in Mexico**

A 10-hour module that will prepare you to help find a secure a home in Mexico, whether you use a realty agent or deal directly with the owner. Situations and interactions include:

- ❖ Researching various areas/communities
- ❖ Understanding the paperwork
- ❖ Describing the types of amenities/services you want in your home
- ❖ Hiring and dealing with moving companies

### **Banking, money, and finance**

A 10-hour module that helps you manage your finances in Mexico including dealing with banks, using money and credit/debit cards. Situations and interactions include:

- ❖ Dealing with money and currency
- ❖ Opening a bank account
- ❖ Applying for a credit or debit card
- ❖ Asking for payment, paying others
- ❖ Paying for medical services at a clinic or hospital

### **Interacting in social settings**

A 10-hour module that helps you to learn how to interact socially, make friends and develop social networks in Mexico. Situations and interactions include:

- ❖ Attending parties and other special occasions, including weddings
- ❖ Conversation starters, icebreakers
- ❖ Meeting family members
- ❖ Making new friends and developing social networks
- ❖ Understanding social etiquette and social graces in Mexico
- ❖ Extending congratulations and commiserations
- ❖ Hosting a gathering in your home
- ❖ Extending invitations and helping people to feel welcome

## **Eating out and hosting guests at home**

A 10-hour module that will prepare you for eating out at restaurants and cafés, as well hosting people for cocktails or dinner parties in your own home. Situations and interactions include:

- ❖ Learning about the popular dishes on most restaurant menus
- ❖ Understanding beverage orders
- ❖ Understanding ways food is prepared (fried, baked, roasted, etc.)
- ❖ Interacting with a waiter (asking questions about the menu)
- ❖ Making requests for special dietary requirements, e.g., gluten-free
- ❖ Calling to order take-out food and drink
- ❖ Hosting a cocktail or dinner party at your home
- ❖ Extending an invitation to your party
- ❖ Asking guests about special dietary requirements
- ❖ Welcoming people into your home
- ❖ Social dining and entertaining etiquette

## **Food, cooking and baking**

A 10-hour module that help you to buy fresh food, ingredients, and produce for cooking and baking at home. Situations and interactions include:

- ❖ Food groups
- ❖ Key ingredients, herbs, and spices
- ❖ In the local market: Understanding prices, understanding local measures, and bargaining with market traders
- ❖ In the supermarket: signs in aisles, reading labels and understanding food groups as well as asking questions about where to find something and dealing with the checkout
- ❖ Asking someone for a recipe and all the language around
- ❖ measuring, cooking methods, etc.

### **Dealing with difficulties and emergency situations**

A 10-hour module that will enable you to learn how to deal with difficult situations and deal with emergencies, including medical emergencies. Situations and interactions include:

- ❖ Dealing with difficult situations and people
- ❖ How to seeking and ask help from others
- ❖ Language to help you diffuse antagonistic situations
- ❖ Explaining your situation or problem to a nurse, doctor, or dentist
- ❖ Calling for an ambulance, police, fire brigade, or coast guard
- ❖ Dealing with natural disasters including earthquakes and hurricanes
- ❖ Dealing with home emergencies including falls, burns, fires, and floods

### **Cultural interactions**

A 10-hour module that will help you to learn how to interact in a variety of social situations related to cultural events and collaborations. Situations and interactions include:

- ❖ Understanding program announcements and ads including time, place, profile of actors, artists, dancers, and musicians
- ❖ Finding and purchasing tickets for cultural events
- ❖ Finding the venue, dealing with interactions at the venue, e.g., seat assignment
- ❖ Reading and understanding signs and language use in museums, archaeological sites, and other cultural centers
- ❖ Asking questions about the actors, artists, dancers, and musicians
- ❖ Language use in relation to art and artists
- ❖ Understanding opening hours of art galleries, museums, and other cultural centers

## Beauty salon and personal grooming

A 10-hour module to help you deal with all matters related to personal grooming matters, including specialist services like waxing and spa therapies. Situations and interactions include:

- ❖ Asking for haircuts, hair styles, hair washing, special requests
- ❖ Language to help you express your wishes for your hands, feet, and face
- ❖ Learning how to talk about colors, tones, styles, and length and weight
- ❖ Talking about common therapy treatments including massage and waxing
- ❖ Asking about specialist spa treatments, e.g., sauna, temazcal
- ❖ Asking about prices, paying the bill and tipping

## Transportation and getting around in Mexico

A 10-hour module that will prepare you to talk about all things transport, whether you use your own private vehicle, or public transport to get around. Situations and interactions include:

- ❖ Learning to express time and distance in relation to travel situations
- ❖ Asking others for directions and landmarks
- ❖ Giving directions to others, e.g., a taxi driver, including addresses, road types, cross streets, and other location references
- ❖ Hiring a car and driver (talking about destinations/negotiating fees)
- ❖ Renting a car (car types, rates, insurance, time scales, etc.)
- ❖ Traveling by bus and airplane (asking questions about costs, destinations, stops)
- ❖ Driving in Mexico (asking directions, understanding toll roads, etc.)
- ❖ Dealing with minor car accidents (accident terminology, insurance, etc.)

**Request your free lesson today!**

Visit [Mexperience.com](https://mexperience.com) and [request your free consultation and free lesson](#) so that you can begin to experience the benefits this course offers and how it can help you to improve your language skills for everyday lifestyle situations in Mexico.